



Inside Passage COUNSELING

Associate Licensed Therapist Program

We are looking for our next cohort of carefully selected Associate Licensed Therapists to join our highly esteemed Associate Licensed Therapist Program at Inside Passage Counseling.

We are committed to providing comprehensive support and preparation to our associate-licensed therapists, ensuring they emerge as some of the most highly skilled newly licensed therapists in Washington State.

- Both in-person and hybrid positions are available.
- We are looking for candidates with passion, grit, and various areas of interest.

Inside Passage Counseling is where your professional growth and development are valued and nurtured.

Inside Passage Counseling in Bellingham, WA is a thriving private group practice of experienced and caring psychologists, licensed therapists, and associate licensed therapists serving individual adults, adolescents, and couples. We specialize in providing evidence-based, trauma-informed counseling services, with a special focus on Internal Family Systems (IFS) Therapy, EMDR, Emotionally Focused Couples Therapy and Gottman Method Couples Therapy. We want to add associate licensed therapists to our team of collaborative health professionals!

This is a great opportunity to practice alongside seasoned clinicians in a collaborative, values-driven, professional, and supportive environment. **You get to focus on your clients, and we do the rest!**

Inside Passage Therapist Training Programs:

At Inside Passage, we provide therapist training in Internal Family Systems Therapy and couples therapy through our exclusive training programs. When you work at Inside Passage, you can gain valuable clinical training in a safe and supportive environment, within a group of like-minded, passionate clinicians. Our training programs are seen as a huge benefit of working at Inside Passage and provide opportunities for professional fulfillment and community connection.

IFS Foundations Training

This comprehensive IFS training for therapists takes place in-person over 4 weekends. Designed to cover similar content as one would receive from an IFS Institute Level 1 training, this training

takes place in a small cohort, with didactic and experiential learning and provides lots of opportunities for practice. By the end of the training, counselors will have practiced IFS from start to finish, from assessment through the entire unburdening process in IFS.

Taught by Inside Passage founder, Heather Varnau, MA, LMHC, Level 3 trained and Certified IFS Therapist and IFS Institute Approved Clinical Consultant, this training was created with input from Senior IFS Institute Trainer Dan Reed, PhD.

This high-quality IFS training is a rare opportunity to learn IFS level one content in-person, within a small group, in a safe and supportive environment. Inside Passage counselors receive ongoing support for their IFS journey in our monthly IFS consult group and individual IFS consultation, also led by Heather.

Integrative Experiential Couples Therapy Training

This comprehensive couples therapy training program is an exciting opportunity for counselors to become competent couples therapists. This approach includes a foundation in systemic experiential therapy (drawing from EFT, IFS, relational mindfulness, and the Satir Model) with intervention tools from polyvagal theory, interpersonal neurobiology, the Gottman Method of Couples Therapy, and other approaches. In Integrative Experiential Couples Therapy the goal is to help couples have new experiences of attunement, authenticity, and acceptance in their relationship that promote an increasingly secure attachment with their partner.

Created by Dr. Laura Gambrel, AAMFT approved supervisor and Certified EFT Couples Therapist and Heather Varnau, MA, LMHC Certified EFT Couples Therapist and Supervisor and Level 3 Gottman trained therapist, The IECT training program includes 9 weeks of couples therapy training, as well as group and individual supervision for counselors at Inside Passage. After the training program is complete, counselors are supported on their couples therapy journey through ongoing group and individual consultation.

EFT Couples Therapy Training and Supervision

We are proud to provide ongoing EFT Couples Therapy training and supervision at Inside Passage Counseling. We currently have 3 Certified EFT Couples Therapists on staff and 1 Certified EFCT Supervisor, as well as several clinicians pursuing certification in EFT Couples Therapy. This is the highest concentration of EFT Couples Therapists in the north Puget Sound area!

About Us:

Inside Passage Counseling was founded in 2008 by Heather Varnau, LMHC, Certified EFT Couples Therapist and Supervisor, Certified IFS Therapist, IFS Institute Approved IFS Clinical Consultant, and Level 3 Gottman Method Therapist. We specialize in counseling for individuals and couples using evidence-based and empirically validated therapy methods.

We currently have 12 therapists and 3 client care coordinators on staff. Inside Passage Relationship Counseling is looking for additional therapists who gravitate toward attachment-oriented, trauma-informed, mindfulness-based, and relational modalities of therapy.

Requirements:

- o Associate licensed to practice counseling, marriage and family therapy or social work in WA State by August, 2025
- o Excellent references
- o Available to work in-person at our beautiful offices
- o Available full-time = 24 sessions per week
- o Available during peak hours (3:00-7:00 pm) at least 3 days per week
- o Experience with assessment, crisis intervention, and case conceptualization
- o Embody the therapeutic relationship skills that foster a strong working alliance between therapist and client, such as warmth, connectivity, consistency, appropriate boundaries, and congruent communication

Desired Qualifications:

- o Experience or training in trauma-informed individual therapy
- o Experience or training in couples therapy, especially EFT or Gottman Method
- o Clinicians without advanced training but who have excellent references and are excited to learn and grow on the job

Compensation: \$45-\$60 per clinical hour

Full time: 24 client sessions weekly

Education: Master's Degree

Minimum Experience: 0 years

Start Date: August, 2025

Benefits include:

- Paid Time Off accrued
- Medical, dental and vision insurance
- 3 paid holidays
- Exceptional weekly group supervision for associates
- Exceptional weekly dyadic supervision for associates
- Weekly consult group with seasoned therapists
- Caring, collaborative and supportive work environment
- At 6-12 months of employment, access to exclusive IFS Therapy Training and/or Couples Therapy Training
- Beautiful office space
- \$200 per year CEU stipend
- Professional marketing
- Billing done for you
- HIPAA compliant practice management tools

Schedule: Flexible Schedule not to exceed 8 client hours in one day

To Apply:

Please send your CV and letter of interest. In your letter, please tell us why you want to join our team, your education, trainings you have completed, ideal client population and your client focus. Inside Passage Counseling is an equal opportunity employer. We are committed to

creating a safe, non-judgmental space that welcomes all individuals, regardless of race, gender identity, religion, sexual orientation, political affiliation, or relationship structure
We look forward to hearing from you!